



ANIMAL CHANNEL NEWSLETTER

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Spring 2003 Newsletter



Hi Everyone,

This newsletter is quite late, but we have had some hectic times here in the office.

As you see, Animal Channel is written by Elena Smith. In early December Elena told me that she had finished the newsletter and it would probably be the last one she would write as her baby was due in mid July and she wouldn't have time to spend on the June issue. That sounded easy enough.

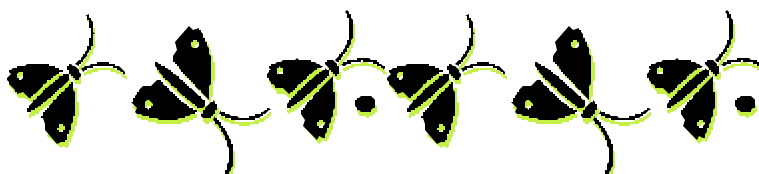
A week later Elena started having problems with the pregnancy, and then had some complications. She was admitted to the hospital late in March and told she would be there, in bed, until the baby was born in July. Little Jonathan decided not to wait and made his appearance April 7. I do mean "little." He weighed in at 1lb 13 oz. He and Elena are doing just fine at this time.

I had a few medical problems of my own and couldn't get rid of a fever. I wound up in the hospital late in January. Tests showed a problem with my gall bladder, a large kidney stone, and a touch of pneumonia. No use messing around with small stuff! I was operated on the next day for the gall bladder and they found gangrene had set in. The jury is still out on what is going to happen to the kidney stone. It is not in the right place to blast into powder.

The good news is that many of my friends do Reiki and other healing modalities. They spread the word to their other friends and some clients found out. They all sent so much healing energy that I had no pain! It was better than the morphine that they tried to get me to take in the hospital! My healing has been wonderful.

About the time I began feeling better Jean got sick and was out for almost two weeks. I was doing Jean's job and Elena's job, and you did not get a newsletter.

We are still pretty busy with calls and workshops but I could not put this off any longer, so please read and enjoy.



VETERINARY CARE

The following pet tip has been reproduced with the kind permission of expert dog trainer Gaby Popper.

Q. How do I stop my dog from jumping on me?

A. Set aside a quiet Sunday afternoon to teach Fido the error of his ways. Leave the house from the back door, and enter through the front door. Dogs have a poor sense of timing, and Fido will not realize that you have only been gone a few minutes. He will greet you with his usual friendly leap. Sharply raise your voice THE MOMENT HE JUMPS ON YOU. When he is back on the ground, bend over and place him in a sit position. Lavish him with love and praise.

Repeat this little game again and again.

If you are having trouble making him stop simply by using your voice, then try a noisier method. Clap your hands loudly in front of his face when he jumps up, or bang two pots or pans together. You can also toss a glass of water at him or use the shaker can (an empty soda can filled with pennies) to make him behave.

Remember to IMMEDIATELY reward him by bending down, making him sit, and then praising him. It is not enough to show Fido what he is doing wrong. You must reward him for doing what is right.

Healthy Pets: basic tips on when to see a Vet

As a general guide, the following tips will help you better evaluate your pet's health:

- **Eyes:** Should be clear, bright, and full. A vet should be consulted if redness, discharge or squinting is observed.
- **Ears:** The inside should be clean; the skin should appear light pinkish. Redness, irritation or the appearance of a substance resembling coffee grounds (suggestive of ear mites), requires veterinary attention.
- **Nose:** The nasal passages should be clear and unobstructed. Discharge, sneezing or scab-like lesions are reasons to see your vet.
- **Gums:** Appearance should be pink and moist. If gums are dry, or appear whitish or bluish, see a vet as soon as possible.
- **Hair coat:** Should appear clean, smooth and shiny. Scratching (excessively), hair loss, skin lesions/lumps and open wounds require a veterinary exam.
- **Respiratory:** Breathing should not present any difficulty to the animal. Labored breathing, wheezing or excessive coughing should be evaluated by a vet as soon as possible.
- **Gastrointestinal:** Elimination of stool and urine should be regular and painless. Your pet should be examined by a vet if diarrhea, vomiting, parasites in the stool, abdominal discomfort or pain on elimination are observed.
- **General:** A healthy animal is typically alert, active (less so in older animals), has an appetite and weight appropriate for type and breed, and is generally content.

The following pet tip has been reproduced with the kind permission of Dr. Ann Huntingdon

Q. I have an indoor cat who scratches the furniture. She has a homemade scratch pad constructed of wood and carpet, but won't use it no matter how much we coax her. I'm not interested in having her de-clawed. Do you have any suggestions?

A. First, I would try to make the scratching post or scratching pad more tempting. You might consider covering it with a fabric similar in texture and pattern to the furniture she likes to scratch. It also helps if the post is tall, preferably about 3 feet. Cats like to stretch when they scratch at things.

You could also try rubbing fresh catnip into the surface - anything to get her attention. Take her over to the post and physically rub her little feet up and down on it. Give her a lot of praise when she follows suit. When you see her start to claw something else, scold her, and then take her over to the scratching post in a positive manner.

Another option is to clip her nails. Keeping her claws trimmed short can significantly reduce the damage to furniture.

Lastly something that's worked very successfully for many is Soft Paws nail caps. As the name implies, these are soft plastic covers that are glued on the ends of the nails. In most cases, they stay on three to six weeks, and you can often reapply them yourself.

Let me also applaud you for not wanting to have her de-clawed. It's a painful procedure that leaves cats without any real defense if they should get outside.

Tips are from the SPCA website, www.sPCA.com



PHONE MESSAGE

If you call between 10:30 am and 4pm, Eastern, Monday-Friday and get our voice mail, please leave a message. Jean is on a call helping another client and will call you back as soon as possible.



FRIENDS NOT FORGOTTEN

Chloe Belle Massey
Tweedle Bass
Switch Bass

Wallace Forgotson
Great Kitty Haaf
Holly Hawkins

Razz Scola
Minnie McKean
Bill Plamer
Dubs Burch

Topper Hassett
Molly Spayd
Body Figlin
Maggie Hugh

If we have inadvertently omitted the name of one of your animal friends, please accept our apologies. Give us a call or write us a note so we may include your friend in the next newsletter.



WELCOME BACK!!

Many of you have heard me say that our animal companions can come back to us after they have passed on. This new column is dedicated to our loving friends who have returned to us. Please contact us with any names and/or stories about friends that have returned to you.

Mutly Benjamin now Fancy Pants Reidnhour
Valentine now Cupid Shea
Dash Rauleigh now O'ron
Peppy Rauleigh now Electra
Banjo Wilson now Billy



Breed Rescue and Adoption site

Looking for a specific breed? Want to give an abandoned, homeless, abused animal a loving home? Here's a comprehensive list of breed rescue originations that are dedicated to finding the best possible homes for such purebred dogs as well as a list of pets (dogs, cats, ferrets, and other exotics) up for adoption.

<http://www.creatures.com/USBR.html>



From the Kitchen

If you have a favorite recipe for treats for you pet please share them with us. Here are a few snacks we have come across:

Strawberry Delight Biscuits (From The Kanine Epicure, By F.B. Spector)

- | | |
|-----------------------------|----------------------------|
| ½ Cup plain bread crumbs | 2.5 Cups whole-wheat flour |
| 6 oz. Strawberry Yogurt | 1 Eggs |
| 1 Cup beef or chicken broth | |

Preheat oven to 350. Mix dry ingredients, and then add remaining ingredients. On a floured board, roll out dough to ½" thick, adding flour as necessary. Cut into desired shape with cookie cutter. Bake for about 30 minutes.

Cheesy Garlic Bits (From The Kanine Epicure, By F.B. Spector)

- | | |
|--------------------------|------------------------------|
| 2 Cups whole wheat flour | 1 Cup Cheddar chesse, grated |
| 2 Tablespoon butter | ¾ Cup milk |
| Crushed garlic | |

Preheat oven to 375. Combine flour and cheese , and cut in butter. Add milk and mix well. Knead lightly. Divide dough into two parts, and roll out to 1 inch thickness on a floured board. Cut into desired shapes, and place biscuits on an ungreased cookie sheet. Prick with a fork, and sprinlle with garlic. Bake 12 to 15 minutes or until lightly browned. Cool and serve. Refrigerate to store.

*****LOW CALORIE TREATS*****

Why not some veggies? Carrots, broccoli, cauliflower and beans are great snacks for any pet especially overweight pets and those on restricted diets – yes even allergy-prone pets. Feed raw (best for the teeth) or cooked. Just stay away from onions!



Laugh Lines

ABOUT DOGS

The reason a dog has so many friends is that he wags his tail instead of his tongue." -Anonymous

Don't accept your dog's admiration as conclusive evidence that you are wonderful." -Ann Landers

"If there are no dogs in Heaven, then when I die I want to go where they went." -Will Rogers

"There is no psychiatrist in the world like a puppy licking your face." -Ben Williams

"A dog is the only thing on earth that loves you more than he loves himself." -Josh Billings

"The average dog is a nicer person than the average person." -Andrew A. Rooney

"We give dogs time we can spare, space we can spare and love we can spare. And in return, dogs give us their all. It's the best deal man has ever made." -M. Facklam

"Dogs love their friends and bite their enemies, quite unlike people, who are incapable of pure love and always have to mix love and hate." -Sigmund Freud

"If I have any beliefs about immortality, it is that certain dogs I have known will go to heaven, and very, very few persons." -James Thurber

"A dog teaches a boy fidelity, perseverance, and to turn around three times before lying down." -Robert Benchley

"Anybody who doesn't know what soap tastes like never washed a dog." Franklin P. Jones

"If your dog is fat, you aren't getting enough exercise." -Unknown

"My dog is worried about the economy because Alpo is up to \$3.00 a can. That's almost \$21.00 in dog money." - Joe Weinstein

"Ever consider what they must think of us? I mean, here we come back from a grocery store with the most amazing haul -- chicken, pork, half a cow. They must think we're the greatest hunters on earth!" -Anne Tyler

"Women and cats will do as they please, and men and dogs should relax and get used to the idea." -Robert A. Heiman

DOG LETTERS TO GOD

Dear God: How come people love to smell flowers, but seldom smell one another? Where are their priorities?

Dear God: When we get to Heaven, can we sit on your couch? Or is it the same old story?

Dear God: Excuse me, but why are there cars named after the jaguar, the cougar, the mustang, the colt, the stingray, and the rabbit, but not one named for a dog? How often do you see a cougar riding around? We dogs love a nice ride. I know every breed cannot have its own model, but it would be easy to rename the Chrysler Eagle the Chrysler Beagle!

Dear God: If a dog barks his head off in the forest and no human hears him, is he still a bad dog?

Dear God: Is it true that in Heaven, dining room tables have on-ramps?

Dear God: If we come back as humans, is that good or bad?

Dear God: More meatballs, less spaghetti, please.

Dear God: When we get to the Pearly Gates, do we have to shake hands to get in?

Dear God: We dogs can understand human verbal instructions, hand signals, whistles, horns, clickers, beepers, scent IDs, electromagnetic energy fields, and Frisbee flight paths. What do humans understand?

Dear God: Are there dogs on other planets or are we alone? I have been howling at the moon and stars for a long time, but all I ever hear back is the beagle across the street.

Dear God: Are there mailmen in Heaven? If there are, will I have to apologize?

CAT LETTER TO GOD

God: Do you exist? I'm just curious. I really don't care.



OF GENERAL INTEREST

I sometimes forget that not all the readers of my newsletter are clients and that we have added new services as this business evolves. Listed below is a brief description of the services we now offer.

Consultations - \$25.00/15 min.

These consultations are all done over the telephone. I can help many more animals in a shorter amount of time this way. It is also less distracting for the animal to be in his own home environment.

Tape recording - \$5.00/tape

A tape recording of your consultation is entirely optional. If you decide you don't want the tape after having your consultation recorded, you just don't send the extra \$5.00.

Workshops - \$85.00 and up

The workshop fees can vary because of travel costs, space rental, and lunches provided.

Lectures - Mileage fee

Sponsors of the lecture may charge admission as a fundraising event. I do require reimbursement for travel expenses.

Books & Video tape- see below + \$2.00 to ship item & PA tax for PA residents.

- ❖ *Anita's books: 'Animal Wisdom: Communications with Animals' and 'How to Hear the Animals' (kit) have been combined into one book: 'Animal Wisdom: How to Hear the Animals' \$15.95 (Meditation Tape \$2.00)*
- ❖ *The Psychic Connection \$15.00*
A video of interviews with animal communicators featuring Anita Curtis, Carol Gurney, Lydia Hiby, Beatrice Lydecker, Penelope Smith, and Teresa Wagner.
- ❖ Flower Essences - \$10.00 + \$3.00 shipping.
If you are unable to find flower essences in your area we are able to provide these for you. They can be mixed to suit your needs. You might be interested in a line of flower essences carried by Equilite that are designed especially for either small animals or horses. Call 800 942 LITE for more information.
- ❖ Gift Certificates - variable
We can provide gift certificates for consultations (w/wo tape), workshops, books, flower essences, virtually any service we provide.



PHOTOS, PHOTOS, PHOTOS

Anita receives many photos from clients of their animal friends and we would like to share them with you. Starting with this newsletter we would like to ask you to send us cute photos of your animal friends. Unfortunately we can't guarantee that your photo will be printed. But if we do use your photo we will send you a \$5.00 Gift coupon good towards a discount off of any of Anita's services or products. Please don't send any original photos to insure that we don't lose your only copy. We can't take that kind of guilt!!!! If you would like the photo returned, please send a self-addressed envelope and we will do our best to return it to you.

Please label the picture with your name, the name of your animal friend or friends in the picture, and any caption you would like printed.

The following photos from Pamela Elizabeth are a spotted fawn near her home.

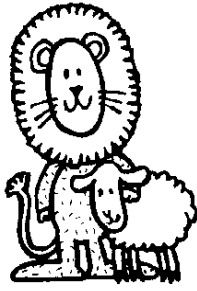




Lectures and workshops 2003:

DATE	LECTURE/WORKSHOP	LOCATION
March 15, 16	Level I, Level II	Haymarket, VA
March 29, 30	Level I, Level II	Chambersburg, PA
May 3, 4	Level I, Level II	Locust Grove, VA
May 24, 25	Level I, Level II	Wayne, PA
June 6, 7, 8	Lecture, Level I, Level II	Lancaster, PA
June 21, 22	Level I, Level II	Oxford, PA
July 12, 13	Level I, Level II	Bowie, MD
July 26, 27	Level I, Level II	Sun Prairie, WI
August 16, 17	Level I, Level II	Shillington, PA
August 30, 31	Level I, Level II	Dover, PA
September 13, 14	Level I, Level II	Pottstown, PA
September 27, 28	Level I, Level II	Stockertown, PA
October 18, 19	Level I, Level II	Juno Beach, FL
November 1, 2	Level I, Level II	Harrisburg, PA





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Best Friends by Maureen



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Email: kerwin703@att.net

Please note email change:

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