



ANIMAL CHANNEL NEWSLETTER

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Summer 2002 NEWSLETTER

Written by: Elena Smith

Editorial and Edited by: Anita Curtis

Greetings Friends!

I do love to keep in touch with you by this newsletter, but the deadlines seem to fly by me somehow. This month I was waiting to have more information on the new book that I have coming out. It was easier to wait until I knew everything that was going to happen and then write about it here. Well, you know that's just not happening. I'll tell you everything I know about it further along in the newsletter under NEW BOOK!

We have been quite busy here in the office. The phone is ringing off the hook and we are booked up at least two weeks in advance at this time. We refer some of the calls to some of the very talented people who have taken my workshops and are accepting calls. We keep some times open for emergencies, but they go quickly. If you call and get the voice mail please leave a message. Jean answers the calls in the order that they come in and not leaving a message could cost you a few days more before your appointment is scheduled.

As always, workshops are exciting and this time of the year we have a chance to travel and meet many of you who were once only voices over the phone. Meeting you is a treat for us, but watching you as you get information from your animals is a great joy. I hope to get to know more of you and your lovely animals.

Enjoy the wisdom of the animals
Anita

VETERINARY CARE

The following numbers are provided if you wish to get information on holistic and chiropractic veterinarians near you.

International Veterinary Chiropractic Association
(309) 658-2920

American Holistic Veterinary Medical Association

(410) 569-0795 phone
(410) 569-2346 fax

PHONE MESSAGE

If you call between 10: 30 am and 5pm, Eastern, Monday -Friday and get our voice mail, please leave a message. Jean is on a call helping another client and will call you back as soon as possible.

FRIENDS NOT FORGOTTEN

Bree Williams
Jody Artuso
Sara Simmons
Trouble Zwerger
Marcus Mann
Maggie Meister
Cleo Beecher
Teddy Frakes
Zippy DeSotto

Poppa Samluk
Puddles Hoet
Katie Rogers
Roxie Reed Weiler
Suzie Weiler
Heidie Weiler
Lily Pagliuca
Max Duffield
Puss Duffield

Harmony Clapp
Popeye Dussault
Petunia Riesmeyer
Cocoa Mazzotti
Admiral Bird Harding
Skyler Moore

If we have inadvertently omitted the name of one of your animal friends, please accept our apologies. Give us a call or write us a note so we may include your friend in the next newsletter.

WELCOME BACK!!

Many of you have heard me say that our animal companions can come back to us after they have passed on. This column is dedicated to our loving friends who have returned to us. Please contact us with any names and/or stories about friends that have returned to you.

Bandit Boik now Ranger
Magnum Boik now Lucy
Riker Chatelain now Sheridan
Ellie McKee now Becky
Lex Hain now Shilo
Magnum Sumner now Raven
Sophie Harrington now Vie Jolie
Maddie Malloy now Marie
Shadow Struthers now Libby
Keegan Gaspard now Chloe
Snow Mahler now Snow

NEW BOOK!!!

About six or seven years ago Marianne Michaels called to communicate with her cat, Tiki. Marianne told me that she was a psychic medium. We decided to trade services and when Tiki was finished talking to us my grandmother began to speak to us through Marianne. My grandmother was a very unique person and there was no doubt in my mind as to who was there.

Marianne and I became good friends. We talked about the book she hoped to have written and, to this day I still don't know how I got to be the one to write and self publish it.

The book, **A Second Chance To Say Goodbye**, is a mixture of Marianne's case studies, instructions on how to use your own psychic abilities, and how to deal with the grief of losing a loved one.

I wrote much of the book from listening to audiotapes of her readings. I also attended several of Marianne's workshops and classes, and the whole experience was exciting.

A Second Chance To Say Goodbye is finished and edited. We just have some printing details to work out and hope to have it done by the end of August. We will send an announcement by mail to those on Marianne's mail list and those of you on mine.

TO BE OR NOT TO BE.....Some Poetry:

SHE'S MY TOP PICK

Sitting astride a well trained horse,
Your seat deep in the saddle of course,

One ear on you, the other ahead,
Listening for cues, of what you have said.

Move three steps back, to get out of the way,
Or pick up a rope, to go catch a stray.

Sit back; lift the reins, a quick sliding stop,
Stands and then waits, good training she's got.

She's feather-touch light, with responses so quick,
She makes riding fun, and she's my Top Pick!
By: Jeanne Walter

GOD BLESS OUR PETS

They say memories are golden,
Well, maybe that is true.
I never wanted memories, I only wanted you.
A million times I needed you,
A million times I cried.
If love alone could have saved you,
You never would have died.
In life I loved you dearly,
In death I love you still.
In my heart you hold a place
No one could ever fill.
If tears could build a stairway
And heartache makes a lane,
I'd walk to heaven
And bring you back again.
By Author Unknown

Laugh Lines:

HOW TO GIVE A CAT A PILL:

- 1) Pick cat up and cradle it in the crook of your left arm as if holding a baby. Position right forefinger and thumb on either side of cat's mouth and gently apply pressure to cheeks while holding pill in right hand. As cat opens mouth pop pill into mouth. Allow cat to close mouth and swallow.
- 2) Retrieve pill from floor and cat from behind sofa. Cradle cat in left arm and repeat process.
- 3) Retrieve cat from bedroom, and throw soggy pill away.
- 4) Take new pill from foil wrap, cradle cat in left arm holding rear paws tightly with left hand. Force jaws open and push pill to back of mouth with right forefinger. Hold mouth shut for a count of ten.
- 5) Retrieve pill from goldfish bowl and cat from top of wardrobe. Call spouse from garden.
- 6) Kneel on floor with cat wedged firmly between knees, hold front and rear paws. Ignore low growls emitted by cat. Get spouse to hold head firmly with one hand while forcing wooden ruler into mouth. Drop pill down ruler and rub cat's throat vigorously.
- 7) Retrieve cat from curtain rail, get another pill from foil wrap. Make note to buy new ruler and repair curtains. Carefully sweep shattered figurines and vases from hearth and set to one side for gluing later.
- 8) Wrap cat in large towel and get spouse to lie on cat with head just visible from below armpit. Put pill in end of drinking straw, force mouth open with pencil and blow down drinking straw.
- 9) Check label to make sure pill not harmful to humans, drink 1 beer to take taste away. Apply Band-Aid to spouse's forearm and remove blood from carpet with cold water and soap.
- 10) Retrieve cat from neighbor's shed. Get another pill. Open another beer. Place cat in cupboard and close door onto neck to leave head showing. Force mouth open with dessert spoon. Flick pill down throat with elastic band.
- 11) Fetch screwdriver from garage and put cupboard door back on hinges. Drink beer. Fetch bottle of scotch. Pour shot, drink. Apply cold compress to cheek and check records for date of last tetanus jab. Apply whiskey compress to cheek to disinfect. Toss back another shot. Throw T-shirt away and fetch new one from bedroom.
- 12) Ring fire brigade to retrieve the friggin' cat from tree across the road. Apologize to neighbor who crashed into fence while swerving to avoid cat. Take last pill from foil-wrap.
- 13) Tie the little bastard's front paws to rear paws with garden twine and bind tightly to leg of dining room table, find heavy-duty pruning gloves from shed. Push pill into mouth followed by large piece of fillet steak. Be rough about it. Hold head vertically and pour 2 pints of water down throat to wash pill down.
- 14) Consume remainder of Scotch. Get spouse to drive you to the emergency room, sit quietly while doctor stitches fingers and forearm and removes pill remnants from right eye. Call furniture shop on way home to order new table.
- 15) Arrange for SPCA to collect mutant cat from hell and ring local pet shop to see if they have any hamsters.

HOW TO GIVE A DOG A PILL:

- 1) Wrap it in bacon.



From the Kitchen

If you have a favorite recipe for treats for you pet please share them with us. Here are a few snacks we have come across:

Homemade Frosty Paws Recipe

Serving Size: 6

Ingredients:

- 32 ounces yogurt, skim milk -- VANILLA
- 1 mashed banana OR
- 1 Jar baby food -- LARGE jar of fruit
- 2 tablespoons peanut butter -- smooth
- 2 tablespoons honey

Blend together.
Freeze in 3 oz. paper cups or ice cube trays.
Microwave a few seconds to thaw slightly before serving.

NOTE: Babyfood meat can be substituted instead of the fruit & peanut butter.

VITAMIN RICH MEAL FOR FELINES

Yield: 1 cat bowls

- 1/3 c Cottage cheese 2 tb Bisquick
- 1 tb Chopped liver 1 tb Corn oil
- 1 Dash iodized salt

Mix all together for 1-2 delicious cat servings.
Source: Deborah Lawson

DOG BISCUITS

- 2 c. Whole Wheat flour 1/4 c. White or yellow corn meal
- 1/4 c. Wheat germ 1/4 c. Milk
- 1 egg 1/4 c. chicken or beef broth
- 1 lg. garlic clove, crushed 1 tbsp. soft margarine

Preheat oven to 375 degrees. Mix dry ingredients in a large bowl. Mix wet ingredients in another bowl. Add wet ingredients to dry. Stir steadily with a spoon. Add garlic and margarine. (Add extra corn meal, if mix is not of dough

consistency.) Flour board; roll dough to 1/8 inch thickness. Use boned shaped cookie cutter or form dough into bone shapes. Bake on greased cookie sheet 15 to 20 minutes. Cool and serve to your favorite canine.

Contributor: Darryl de Cocker

Apple Horse Cookies

1 c. sweet feed such as Omolene, Country Horse, Wet C.O.B. (molasses mixed with corn, oats, barley) etc.

2 - 3 c. wheat bran	1 c. flax seed
1 T. salt	4 large Apples, shredded
1 c. molasses	1/2 c. brown sugar
1 c. applesauce	

Mix molasses, brown sugar, apples and applesauce in bowl. Mix dry ingredients in a separate bowl. Gradually combine wet and dry ingredients together, only using enough of the wet ingredients to make a thick dough. Add more bran if necessary. Line cookie sheet with foil and spray with oil. Drop batter onto cookie sheet in tablespoon amounts. Flatten with a fork. Bake slowly at 300° F. for 1 hour, turn cookies over and continue to bake for another 45 minutes until thoroughly dried. Reduce heat if cookies begin to brown excessively or to burn. Store in covered container or zip-locked plastic bag and dole out as special treats to your equine buddies.

First Aid and Home Remedies for pets:

Please remember: treatments are not always cures!

Your pet is part of your family. And just like any other member of the family, pets can become ill or injured. Would you know how to care for your pet in an emergency? Here are a few tips:

- Always approach a sick or injured animal slowly and cautiously.
- Watch the body expressions and sounds your pet makes to warn you. Even your own pet can be aggressive when in pain or frightened.
- Do not make quick, jerky or loud movements. They might further scare your pet.
- When necessary, use towels or blankets to subdue cats or small dogs.
- Keep the phone number and address of your veterinarian in a convenient location.
- Have the phone number and address of an after-hours veterinary clinic on hand and keep directions to that clinic in the same place. Whenever possible, call ahead to let them know you'll be coming.

Pay attention to what is normal for your pet so you can detect signals when something is wrong. The American Red Cross Pet First Aid book can help you learn more about caring for your pet in an emergency. To purchase the Pet First Aid book, contact your local Red Cross, or ask for it (ISBN 1-57857-000-X) at your local bookstore.

If you must evacuate your home due to a natural disaster, do not leave your animals behind. Evacuate them to a prearranged safe location if they cannot stay with you during the evacuation period. (Pets are not allowed at Red Cross Shelters.) If there is a possibility that disaster may strike while you are out of the house, there are precautions you can take to increase your pets survival, but they aren't a substitute for evacuating with your pets. For more information, contact The Humane Society of the United States, Disaster Service, 2100 L Street, N.W., Washington, DC 20037.

OF GENERAL INTEREST

I sometimes forget that not all the readers of my newsletter are clients and that we have added new services as this business evolves. Listed below is a brief description of the services we now offer.

Consultations - \$25.00/15 min.

These consultations are all done over the telephone. I can help many more animals in a shorter amount of time this way. It is also less distracting for the animal to be in his own home environment.

Tape recording - \$5.00/tape

A tape recording of your consultation is entirely optional. If you decide you don't want the tape after having your consultation recorded, you just don't send the extra \$5.00.

Workshops - \$85.00 and up

The workshop fees can vary because of travel costs, space rental, and lunches provided.

Lectures - Mileage fee

Sponsors of the lecture may charge admission as a fundraising event. I do require reimbursement for travel expenses.

Books & Video tape- see below + \$2.00 to ship item & PA tax for PA residents.

- ❖ *Anita's books: 'Animal Wisdom: Communications with Animals' and 'How to Hear the Animals' (kit) have been combined into one book: 'Animal Wisdom: How to Hear the Animals' \$15.95 (Meditation Tape \$2.00)*
- ❖ *The Psychic Connection \$18.00*

A video of interviews with animal communicators featuring Anita Curtis, Carol Gurney, Lydia Hiby, Beatrice Lydecker, Penelope Smith, and Teresa Wagner.

- ❖ Flower Essences - \$10.00 for 1 oz or \$5.00 for ½ oz + \$3.00 shipping.

If you are unable to find flower essences in your area we are able to provide the Bach these for you. They can be mixed to suit your needs. You might be interested in a line of flower essences carried by Equilite that are designed especially for either small animals or horses. Call 800 942 LITE for more information.

- ❖ Gift Certificates - variable

We can provide gift certificates for consultations (w/wo tape), workshops, books, flower essences, virtually any service we provide.

PHOTOS, PHOTOS, PHOTOS

Anita receives many photos from clients of their animal friends and we would like to share them with you. Starting with this newsletter we would like to ask you to send us cute photos of your animal friends. Unfortunately we can't guarantee that your photo will be printed. But if we do use your photo we will send you a \$5.00 Gift coupon good towards a discount off of any of Anita's services or products. Please don't send any original photos to insure that we don't lose your only copy. We can't take that kind of guilt!!!! If you would like the photo returned, please send a self-addressed envelope and we will do our best to return it to you.

Please label the picture with your name, the name of your animal friend or friends in the picture, and any caption you would like printed.

Lectures and Workshops 2002:

We are still looking for hosts and hostess for the upcoming year, if you are interested in holding a workshop and/or lecture please contact us and let us know. The Schedule for the 2002 year will be posted in the Spring 2002 Newsletter (or maybe sooner ☺).

Look for upcoming information on a "swim with the Dolphins" workshop next year.

Lectures and Workshops Scheduled to date:

August 31, September 1	Level 1 & 2	Dover, PA
September 21, 22 (Changed)	Level 1 & 2	Stockertown, PA
October 12, 13	Level 1 & 2	Lancaster, KY
October 26, 27	Level 1 & 2	Harrisburg, PA

Schedule as of 6/26/02

*****For more details and Registration information contact the office at 610-327-3820

